## **FOURTH GRADE REMOTE LEARNING SCHEDULE**

Below is a sample remote learning schedule that you can use at home with your child(ren). Please note that this is just for reference. Do not feel that you need to follow this schedule or use the times that are listed, if they do not work for your family. This is meant to give you an idea of how your child's day can be structured and how much time they could be spending on learning activities.

## Sample Remote Learning Schedule

9:00 - 9:10	Morning Message	Watch the Morning Message video
9:10 - 10:10	Academic Time	Math, ELA, Writing Activities
10:10 - 10:15	Brain Break	Check the list and pick a quick movement break
10:10 - 10:45	Specials assigned daily; reviewed at morning meeting	Art, Music, French, PE, Literature, Technology
10:45 - 10:50	Brain Break	Check the list and pick a quick movement break
10:50 - 11:00	Enrichment Time	Go to one of the enrichment sites
11:00 - 11:30	Active Time	Go outside and take a walk or play! If it's raining, go on GoNoodle
11:30 - 12:00	Lunch Time	
12:00 - 12:05	Brain Break	Check the list and pick a quick movement break
12:05 - 1:05	Academic Time	Math, ELA, Writing Activities
1:05 - 1:10	Brain Break	Check the list and pick a quick movement break
1:10 - 1:40	Specials assigned daily; reviewed at morning meeting	Art, Music, French, PE, Literature, Technology
1:40 - 2:00	Hands-on Activities	TBA each day
2:00 - 2:30	Independent Reading Time	Pick a good book to read!