

KINDERGARTEN REMOTE LEARNING SCHEDULE

Below is a sample remote learning schedule that you can use at home with your child. Please note that this is just for reference. Do not feel that you need to follow this schedule if it does not work for your family. This is meant to give you an idea of how your child's day can be structured and how much time they could be spending on the various learning activities.

Sample Remote Learning Schedule

Content	Description	Proposed length of time
Sensorimotor Circuit	Activities in home packet	~10 minutes
Morning Meeting	Connect and check in on the day's schedule	~20 minutes
Brain Break	Stretch and move around	~10 minutes
Academic Block	ELA (Reading/Writing)	~20 minutes
Snack	Eat a healthy snack	
Specials -- assigned daily; reviewed at morning meeting	PE, Music, Art, Spanish, Literature, or Technology	~30 minutes
Brain Break	Stretch and move around	~10 minutes
Storytime	Enjoy a good book!	
Lunch	Eat and drink healthy!	
Quiet Time	Choose a calm activity	~10 minutes
Academic Block	Math	~20 minutes
Brain Break	Stretch and move around	~10 minutes
Specials -- assigned daily; reviewed at morning meeting	PE, Music, Art, Spanish, Literature, or Technology	~30 minutes
Independent Choice Time	Pick a fun activity or play with a favorite toy!	~20 minutes
Recess	Active Time Outside	As long as you want!