

NURSERY BLUE REMOTE LEARNING SCHEDULE

Below is a sample remote learning schedule that you can use at home with your child. Please note that this is just for reference. Do not feel that you need to follow this schedule if it does not work for your family. This is meant to give you an idea of how your child's day can be structured and how much time they could be spending on the various learning activities.

Schedule	Suggested Length of Time	What does this look like?
Morning Meeting	15 minutes	Connect and check in on the day's agenda, calendar, and weather
Creative Arts with Miss Beth	30 minutes	Music, instruments, stories, fingerplays, and more!
Snack	10 minutes	Eat healthy! Children can clean up.
Outside/Big Room	30 minutes	A great time to get fresh air and exercise large muscles
<i>Spanish</i>	<i>15 minutes</i>	<i>Twice per week</i>
Choice Time	45 - 60 minutes	Open-ended play with materials/toys during the morning
Story	10 minutes	A nice transition to lunch
Lunch	30 minutes	Try having a couple veggies on a sharing plate for your family to share!
<i>PE</i>	<i>30 minutes</i>	<i>Twice per week</i>
Playground	45 minutes	Outside, fresh air, run and play!
Outside/Large Muscle Time	45 minutes	A great time for a family walk, bike ride, and more open-ended outside play!
Quiet/Rest Time	60 minutes	Quiet time to sleep or rest their bodies. This time is as important for parents as it is for the children!
Wake up and Snack		Enjoy the rest of the day!