NURSERY GREEN REMOTE LEARNING SCHEDULE

Below is a sample remote learning schedule that you can use at home with your child. Please note that this is just for reference. Do not feel that you need to follow this schedule if it does not work for your family. This is meant to give you an idea of how your child's day can be structured and how much time they could be spending on the various learning activities.

Schedule	Suggested Length of Time	What does this look like?
Morning Meeting	15 minutes	Connect and check in on the day's agenda, calendar, and weather
Outside/Big Room	40 - 45 minutes	A great time to get fresh air and exercise large muscles
Snack	15 - 20 minutes	Fruit and another snack choice
Themed Projects	20-30 minutes	Based on the unit of study
Choice Time	45-60 minutes	Open-ended play with materials/toys
Creative Arts with Miss Beth	30 minutes	Music, instruments, stories, fingerplays, and more!
Specials	15 - 30 minutes	Spanish or PE twice per week
Lunch	However long it takes!	Try having a couple veggies on a sharing plate for your family to share!
Outside/Large Muscle Time	45 minutes	A great time for a family walk, bike ride, and more open-ended outside play!
Story Time	15 minutes	A nice way to transition to rest time from active play.
Quiet/Rest Time	45 - 60 minutes	This time is as important for parents as it is for the children!
Wake up and Snack		Enjoy the rest of the day!